



TELESENSORY SYSTEMS, INC.

OPTACON TRAINING

Independent Practice Manual

**For use during
Stage 1 training**

FOREWORD

The Independent Practice manual was prepared by the teaching staff of TSI during 1972 and 1973. The need for such a manual became evident in the initial TSI training courses. This manual evolved through contributions and interactions of the teachers and students in the subsequent classes.

A special credit is due to Mary Lou Ramsey for editing the manual and Ann Terhar for preparing the typed text.



Carolyn Wehl
Training Manager

ACKNOWLEDGMENTS

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INTRODUCTION

This set of materials is designed to supplement the Optacon Training Manual. The extra practices are geared toward independent study by the student. For this reason, the pages have additional cues to aid in finding the information quickly. The headings are written simply to let the student know what is on the page.

The page number appears in the upper right hand corner on the same line as the heading. These two items—the heading and the page number—are joined by a long horizontal line to give additional tracking practice.

Do not assign practices which are too advanced and which contain letter groups the student does not know. Some practices in Parts 1 and 3 are composed from partial alphabets. These practices are restricted to the letter groups indicated on the page or to letter groups already learned. The letter groups correspond to those presented in the Stage I manual.

The teacher should assign specific practices at the end of the day. The format and general contents of the pages assigned must be explained to the student.

Ask the student about his success or problems with the previous night's assignment each morning.

Part 1

Practice for Upper Case

PROCEDURE Describe the format and content of each exercise you assign.

Emphasize the importance of learning to recognize a moving image.

Remind the student that he must begin to group letters into sounds or syllables in order to read efficiently.

NOTE: Repetition of a practice at a faster rate is sometimes more effective than going on to new materials.

Warm-up alphabet exercises are on page 9 for those who want to do this before the assigned additional practice.

The first four practices, on pages 2-5, are composed of partial alphabets. The rest of the practices make use of the entire upper case alphabet.

1. THAT _____ HAT. 1.
2. HAM _____ AM. 2.
3. SAT _____ AT. 3.
4. SO _____ OH. 4.
5. MICE _____ ICE. 5.
6. HIS _____ IS. 6.
7. TOO _____ HOT. 7.
8. CAT _____ MAT. 8.
9. THIS _____ IS. 9.
10. HIS HAM IS HOT _____ TOO HOT. 10.
11. THE END.

PURPOSE: To read words made up of first 9 letters and practice tracking across the page.

1. L L L L F F F F D D D D B B B B R R R R
2. R R R R G G G G N N N N U U U U
3. L L L L L LOT LOST LIST MILE MAIL FLEA
4. F F F F F IF OF FOE FAT FISH RAFT FILL FED
5. D D D D D DO AID DATE DONE DEAL IDEA BED
6. B B B B B BE BID BILL BORE ROB ABLE
7. R R R R R OR RISE FAR ARE RATE TORE AFTER
8. G G G G G GO AGE GET DOG RAG ANGER AGREE
9. N N N N N NO AN NEST MAN ANT HINT NIGHT
10. U U U U U MUD GUN RUDE SURE UNTIL

PURPOSE: To practice letter recognition and build word reading skills using first
17 letters learned.

1. J J J J K K K K P P P P V V V V
2. W W W W X X X X Y Y Y Y Z Z Z Z Q Q Q Q
3. J J J J J JOY JOIN JAIL JUDGE ADJUST
4. K K K K K KISS KIN KILL CAKE MAKE PACK
5. P P P P P PIE PIG SIP CAP APE PAGE PEACE OPTION
6. V V V V V VICE VOTE GIVE SAVE OVAL
7. W W W W W WE WISH AWE BLOW WEAR VIEW WHIM
8. X X X X X AXE OXEN SIX EXACT X-RAY NEXT
9. Y Y Y Y Y BY YES YOU EYE IVY WHY YEAR GRAVY
10. Z Z Z Z Z ZOO ZIP SIZE LAZY PRIZE
11. Q Q Q Q Q QUOTE QUIT QUIET ACQUIRE QUOTA

PURPOSE: To improve letter recognition of letters J-K-P-V-W-X-Y-Z-Q and read words using these letters.

1. IT IS BETTER TO BUILD BOYS THAN MEND MEN.
2. ONE OF THE BEST THINGS TO HAVE UP YOUR SLEEVE IS A FUNNY BONE. (VOLTAIRE)
3. A FROWN IS A WRINKLE HUNTING FOR A PLACE TO ROOST. (DICKENS)
4. TWO THINGS ARE BAD FOR THE HEART: RUNNING UP STAIRS, AND RUNNING DOWN PEOPLE.
5. THE DICTIONARY IS THE ONLY PLACE WHERE YOU WILL FIND "SUCCESS" BEFORE "WORK." (DISRAELI)
6. WE USE PEOPLE AND LOVE THINGS, WHEN WE SHOULD LOVE PEOPLE AND USE THINGS. (JOSEPH V. WALKER)
7. THE END.

PURPOSE: To read text and practice tracking across the page.

1. A B C D E F G H I J K L M

2. N O P Q R S T U V W X Y Z

1. A B C D E F G H I J K L M

2. N O P Q R S T U V W X Y Z

1. A B C D E F G H I J K L M

2. N O P Q R S T U V W X Y Z

THE END.

PURPOSE: To practice the alphabet in various type styles and to provide a "warm-up" exercise if needed.

Part 2

Practice Reading Text in Upper Case

PROCEDURE Describe the format of an indented paragraph.

Explain how to move the camera down to the next line.

Tell the student to read through a word even if he does not recognize each letter and to try to guess the word and go on.

Encourage the student to move the camera smoothly and steadily along the line so he learns to track efficiently.

NOTE: The practices in this section use the entire upper case alphabet.

FOOTBALL

A BOY WHO WEIGHED ABOUT 130 POUNDS WENT OUT FOR FOOTBALL AT ONE OF THE BIG COLLEGES. "I QUIT WHEN TWO BIG LINEMEN STARTED TALKING ABOUT ME," HE SAID. "ONE GRABBED MY LEFT LEG. THE OTHER GOT MY RIGHT LEG. THEN THE FIRST ONE SAID TO THE OTHER, 'MAKE A WISH!' " THE END.

FIRE AND ICE, BY ROBERT FROST

SOME SAY THE WORLD WILL END IN FIRE,
SOME SAY IN ICE.

FROM WHAT I'VE TASTED OF DESIRE
I HOLD WITH THOSE WHO FAVOR FIRE.

THE END.

POLICEMAN

IT WAS RAINING HARD. THE POLICEMAN HAD ON A BRIGHT YELLOW RAINCOAT. THE WORDS "POLICE DEPARTMENT" WERE WRITTEN ON THE COAT. IT WAS THE RUSH HOUR. THERE WERE MANY CARS ON THE STREET. THE POLICEMAN WAS BUSY SHOWING THE DRIVERS WHERE TO GO. AT A VERY BUSY TIME A WOMAN RAN UP TO THE POLICEMAN. "ARE YOU A POLICEMAN?" SHE ASKED. "NO LADY," SAID THE POLICEMAN IN A KIND VOICE. "I'M A GIANT CANARY." THE END.

FLYING SAUCER

A FLYING SAUCER LANDED IN NEW YORK. OUT OF THE SAUCER CAME TWELVE MEN FROM MARS. THEY WERE EXCITED. THE LIGHTS ON THE TOPS OF THEIR METAL HEADS WERE FLASHING. THEIR LEADER WENT RIGHT UP TO A FIRE HYDRANT.

"ARE YOU THE BOSS AROUND HERE?" HE SAID TO THE FIRE HYDRANT. ANOTHER OF THE LITTLE METAL MEN PULLED THE LEADER BACK. "WHAT DO YOU WANT TO BOTHER HIM FOR?" HE SAID. "CAN'T YOU SEE HE'S ONLY A KID?" THE END.

Part 3

Practice for Lower Case

PROCEDURE Explain that upper case letters which the student has learned are followed on the same line, in the same order, by the lower case equivalent.

In some practices, upper case letters will indicate what lower case letter will follow.

None of the other easily-confused letters to be practiced will appear in the same exercise unless specifically designated in the instructions.

Remind the student that he should be able to practice alone after your explanation of what to expect on that page.

NOTE: Some of these practices are composed of partial alphabets.

The first practice, on page 16, uses the entire upper case alphabet, plus the letters o-c-s-i-e, the first five lower case letters learned.

The practices on pages 17-20 use the lower case letters o-c-s-i-e + t-h-a-m.

The practices on pages 21-23 use o-c-s-i-e + t-h-a-m + l-f-d-b-r.

The practices on pages 24-26 use o-c-s-i-e + t-h-a-m + l-f-d-b-r + g-n-u-v.

The last practice, on page 27, draws from the entire lower case alphabet.

1. O C S I E _____ o c s i e 1.
2. OS OC OE OI _____ os oc oe oi 2.
3. SI SE SO SC _____ si se so sc 3.
4. EO ES EI EC _____ eo es ei ec 4.
5. IC IO IE IS _____ ic io ie is 5.
6. CI CO CE CS _____ ci co ce cs 6.
7. SO _____ so 7.
8. ICE _____ ice 8.
9. IS _____ is 9.
10. THE END.

PURPOSE: To practice first 5 lower case letters by reading letters and words first in upper case and then repeated on the same line in the lower case.

1. o o o o o c c c c c s s s s s i i i i i e e e e e
2. t t t t t h h h h h a a a a a m m m m m
3. o o o o o to oh hot cot cost
4. c c c c c cat ace case came cash
5. s s s s s so is sat see his most hats
6. i i i i i it him ice this time tie hit
7. e e e e e me he met the come mice etch
8. t t t t t to at it hat this them
9. h h h h h hi oh him has math ache
10. a a a a a at ham mat that chat cash
11. m m m m m me am most mat home aim

PURPOSE: To practice first 9 lower case letters and read words with those letters.

TABLE: TYPE STYLES

	SANS-SERIF	PICA	WEIGHTED PICA	<i>ITALIC</i>
A.	a a a a a	a a a a a	a a a a a	<i>a a a a a</i>
C.	c c c c c	c c c c c	c c c c c	<i>c c c c c</i>
E.	e e e e e	e e e e e	e e e e e	<i>e e e e e</i>
H.	h h h h h	h h h h h	h h h h h	<i>h h h h h</i>
I.	i i i i i	i i i i i	i i i i i	<i>i i i i i</i>
M.	m m m m m	m m m m m	m m m m m	<i>m m m m m</i>
O.	o o o o o	o o o o o	o o o o o	<i>o o o o o</i>
S.	s s s s s	s s s s s	s s s s s	<i>s s s s s</i>
T.	t t t t t	t t t t t	t t t t t	<i>t t t t t</i>

THE END

PURPOSE: To improve letter recognition of first 9 lower case letters learned using common print styles and to provide practice in reading table and column format.

A: a a a a a a a a a a a a a a a a A.

1. THESE WORDS CONTAIN AN A: ham mat cat hat at chat that
2. That cat has a hat.

E: e e e e e e e e e e e e e e e e E.

1. THESE WORDS CONTAIN AN E: met the me he time ice mice
2. The mice come home.

S: s s s s s s s s s s s s s s s s S.

1. THESE WORDS CONTAIN AN S: so is sit his most this
2. This is so hot.

THE END.

PURPOSE: To distinguish between a-e-s, the most often confused lower case letters.

THESE WORDS CONTAIN AN A AND END WITH AN E:

tame hate came mate

THESE WORDS CONTAIN AN E BEFORE THE A:

meat heat team seam eat

THESE WORDS CONTAIN AN A BEFORE THE S:

ash mast as mash cast

THESE WORDS CONTAIN AN E BEFORE THE S:

chest test mesh

THESE WORDS CONTAIN AN S BEFORE THE E:

set those sell

CAN YOU READ THESE WORDS?

ate chase tease same shame ease case seat

THE END.

PURPOSE: To distinguish between a-e-s and read these letters in common words.

1. l l l l l f f f f f d d d d d b b b b b r r r r r
2. l l l l l lot lost list mile mail flea
3. f f f f f if of foe fat fish raft fill fed
4. d d d d d do aid date done deal idea bed
5. b b b b b be bid bill bore rob able
6. r r r r r or rise far are rate tore after

PURPOSE: Practice letters l-f-d-b-r to improve letter recognition and read words using these letters.

THESE WORDS HAVE DOUBLE VOWELS EE:

1. see feet meet seem feel _____ 1.
2. feed deed beef seed reef _____ 2.

THESE WORDS HAVE DOUBLE VOWELS OO:

1. food boot cool room fool _____ 1.

THESE ARE SENTENCES USING EE AND OO WORDS:

1. See that sad fool. _____ 1.
2. The room is cool. _____ 2.
3. The food is beef. _____ 3.
4. His feet seem too fat. _____ 4.
5. THE END.

PURPOSE: Improve letter recognition of e and o and read common words using ee and oo combinations.

THESE ARE SENTENCES IN WHICH A FOUR-LETTER WORD IS MISSING.
FIND THE MISSING WORDS BELOW THE DOUBLE LINE.

1. She hid her _____.
2. Both of _____ are here.
3. It is _____ for her.
4. He made a _____.
5. He is too _____.
6. The _____ of fish made them rich.

-
-
1. face _____ 1.
 2. them _____ 2.
 3. made _____ 3.
 4. fire _____ 4.
 5. late _____ 5.
 6. sale _____ 6.
 7. The end.

PURPOSE: To read text and locate words needed to complete the sentence on another part of the page.

1. g g g g g n n n n n u u u u u v v v v v
2. g g g g g go age get dog rag anger agree
3. n n n n n no an nest man ant hint night
4. u u u u u mud gun rude sure until
5. v v v v v vice vote give save oval

PURPOSE: To practice letters g-n-u-v and read words using these letters.

THESE ARE SYNONYMS

1. BUG _____ ant 1.
2. RECLINE _____ rest 2.
3. SEARCH _____ hunt 3.
4. PRICE _____ cost 4.
5. SHIP _____ boat 5.
6. SHORE _____ coast 6.
7. STREET _____ road 7.
8. BRAG _____ boast 8.

THESE ARE ANTONYMS

1. DAY _____ night 1.
2. WRONG _____ right 2.
3. BACK _____ front 3.
4. FIRST _____ last 4.
5. DARK _____ light 5.
6. IN _____ out 6.
7. SWEET _____ sour 7.
8. NORTH _____ south 8.
9. THE END

PURPOSE: To read words using partial alphabet o-c-s-i-e-t-h-a-m-l-f-d-b-r-g-n-u-v
and improve tracking across a line.

THESE ARE WORDS CONTAINING THE VOWEL COMBINATION E-A:

teach reach sea meat ear read least east rear fear

hear heal eat earth each

THESE ARE WORDS CONTAINING THE VOWEL COMBINATION O-I:

coin soil toil oil boil coil

THESE ARE WORDS CONTAINING THE VOWEL COMBINATION A-I:

air mail hair train chair rain brain

THESE ARE SENTENCES USING THOSE WORDS:

1. Each coin is gold.
2. I fear the chair is out in the rain.
3. Her hair is red.
4. Ants live in the soil.
5. He can teach me to read.
6. The end.

PURPOSE: Practice reading words and sentences with common vowel combinations.

1. w w w w w k k k k k p p p p p y y y y y
2. j j j j j x x x x x q q q q q z z z z z
3. w w w w w we wish awe blow wear view whim
4. k k k k k kiss kin kill cake make pack
5. p p p p p pie pig sip cap ape page peace option
6. y y y y y by yes you eye ivy why year gravy
7. j j j j j joy join jail judge adjust
8. x x x x x axe oxen six exact x-ray next
9. q q q q q quote quit quiet acquire quota
10. z z z z z zoo zip size lazy prize

PURPOSE: To practice last 8 lower case letters learned.

Part 4

Practice Reading Text in Lower Case

PROCEDURE Explain the format of the poem or the story paragraph.

Encourage the student to read steadily and smoothly without backtracking.

Tell the student the first letter is the most important letter in a word.

NOTE: The practices in this section use the entire upper and lower case alphabets.

Fire and Ice, by Robert Frost

Some say the world will end in fire,
Some say in ice,
From what I've tasted of desire
I hold with those who favor fire.

THE END.

Policeman

It was raining hard. The policeman had on a bright yellow raincoat. The words "Police Department" were written on the coat. It was the rush hour. There were many cars on the street. The policeman was busy showing the drivers where to go. At a very busy time a woman ran up to the policeman.

"Are you a policeman?" she asked.

"No lady," said the policeman in a kind voice. "I'm a giant canary."

THE END.

Flying Saucer

A flying saucer landed in New York. Out of the saucer came twelve men from Mars. They were excited. The lights on the tops of their metal heads were flashing. Their leader went right up to a fire hydrant.

"Are you the boss around here?" he said to the fire hydrant.

Another of the little metal men pulled the leader back. "What do you want to bother him for?" he said. "Can't you see he's only a kid?" THE END.

Caveman

I'll tell you the real secret of how to stay married. Keep the cave clean. They want the cave clean and spotless. Air-conditioned if possible. Sharpen his spear, and stick it in his hand when he goes out in the morning to spear the bear; and when the bear chases him, console him when he comes home at night, and tell him what a big man he is, and then hide the spear so he doesn't fall over it and stab himself. THE END.

Abraham Lincoln

When Abraham Lincoln was a lawyer, two friends came to him. They said, "Lincoln, we want you to settle an argument for us. Tell us, how long should a man's legs be?" Now one friend had very short legs. The other friend had very long legs.

"Hmmm," Lincoln said. "I never gave it much thought. But now that I think of it, I would say . . ."

Lincoln stopped. He looked at the friend with short legs. He looked at the friend with long legs.

"Well," Lincoln went on, "I would say a man's legs should be long enough to reach from his body to the ground." THE END.

Denver

A plane for Denver was almost ready to take off. A little old lady asked to talk to the pilot. "I won't get on that plane until I talk to the pilot!" she said. Finally the hostess asked the pilot to talk with her.

"Young man," she said to the pilot. "I want you to promise me that you won't go higher than 4,000 feet. I can't go higher than that. My doctor says my heart won't stand it."

"But lady!" said the pilot. "Denver itself is one mile high."

"Then I just won't go there," said the little old lady. "I always thought Denver was on the ground." THE END.

Why Lizard Can't Sit

One day lizard and frog were trying to squeeze through a crack in a split-rail fence. This happened long, long ago when lizard and frog sat down the same way. Lizard used to sit on his bottom, propped up in front, the way dogs and frogs sit today. "I'll get through this here crack, God willing!" said frog. He tried and he struggled, and he finally squeezed through. "I'll squeeze through this here crack, God willing or not!" cried lizard. He tried and he struggled, but a rail fell down and mashed him flat. Lizard never sat up again after that. THE END.

Humbug

The town of North Bloomfield, California used to be named Humbug back in the old gold-rush days. A man walked into town one night, went into a bar, ordered a drink, and began to brag about striking it rich. He was so tired of scraping up gold, he said, that he had to come to town for a drink! "Why, there's gold there, lying right on the ground!" he said. "When the wind blows up a bit, gold dust blows right up your nose and down your throat! Every time you sneeze you lose money!" A lot of gold-rushers rushed out there the next day to work the stream the braggart had described. In about two days they named the place Humbug and went back. THE END.

Stopping by Woods on a Snowy Evening, by Robert Frost

Whose woods these are I think I know.

His house is in the village though;

He will not see me stopping here

To watch his woods fill up with snow.

My little horse must think it queer

To stop without a farmhouse near

Between the woods and frozen lake

The darkest evening of the year.

He gives his harness bells a shake

To ask if there is some mistake.

The only other sound's the sweep

Of easy wind and downy flake.

The woods are lovely, dark and deep,

But I have promises to keep,

And miles to go before I sleep,

And miles to go before I sleep.

THE END.

These definitions are from The Left Handed Dictionary:

Alaska: miles and miles of miles and miles

Bore: a person who is here today and here tomorrow

Camel: a horse with knobs

Desk: a wastebasket with drawers

Eve: Madam Adam

Floor: the only thing that will stop falling hair

Gusto: a homemade relish

Hair: the only thing that will really prevent baldness

Intervals: what most people work at

Joan of Arc: Noah's wife

Kin: an affliction of the blood

Limerick: a witty ditty

Mind: no matter

Now: too late

Old: fifteen years older than I am

People: the plural of me

Quack: a wolf with a sheepskin

Rationing: less and less of more and more, oftener and oftener

School: a mental institution

Tact: making guests feel at home when you wish they were

Urge: to request with a push

Vegetable: a plant that people have learned to eat

Waffle: a pancake with a nonskid tread

X-Ray: the real inside dope

Yawn: a silent shout

Zigzag: the shortest distance between two drinks.

THE END.

Part 5

Miscellaneous Practices

PROCEDURE Explain the format and the content of each exercise assigned to the student.

Tell the student the purpose of each exercise.

UPPER CASE ALPHABET IN THREE TYPE STYLES

SANS SERIF

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

PICA

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

ITALIC

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

LOWER CASE ALPHABET IN THREE TYPE STYLES

SANS SERIF

a b c d e f g h i j k l m n o p q r s t u v w x y z

PICA

a b c d e f g h i j k l m n o p q r s t u v w x y z

ITALIC

a b c d e f g h i j k l m n o p q r s t u v w x y z

UPPER AND LOWER CASE ALPHABET IN SANS SERIF TYPE

A a B b C c D d E e F f G g H h I i J j K k

L l M m N n O o P p Q q R r S s T t U u V v

W w X x Y y Z z

PURPOSE: Practice upper and lower case letters in varied type styles.

1	ONE	1
2	TWO	2
3	THREE	3
4	FOUR	4
5	FIVE	5
6	SIX	6
7	SEVEN	7
8	EIGHT	8
9	NINE	9
0	ZERO	0

THESE ARE NUMBERS IN DIFFERENT TYPE STYLES.

1 2 3 4 5 6 7 8 9 0

1 2 3 4 5 6 7 8 9 0

1 2 3 4 5 6 7 8 9 0

THESE ARE NUMBERS IN RANDOM ORDER.

3 6 8 4 9 1 0 7 2 5

8 5 2 0 7 9 4 3 1 6

THE END.

1. \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ Dollar sign, as in \$100
2. ¢ ¢ ¢ ¢ ¢ ¢ ¢ ¢ ¢ ¢ Cents sign, as in 13¢
3. * * * * * * * * * * Asterisk, indicates a footnote
4. x x x x x x x x x x Times sign, also used in dimensions,
such as 5x7 inch cards
5. @ @ @ @ @ @ @ @ @ @ At sign, as 200 belts @ \$1 each
6. & & & & & & & & Ampersand, means "and," as in B & L Cafe
7. # # # # # # # # # # Number sign, as in #2 can; also means
pounds as in 4# load
8. % % % % % % % % % % Percent sign, as in 100%
9. () () () () () Parentheses (words in parentheses)
10. [] [] [] [] [] Brackets [similar to parentheses]
11. { } { } { } { } { } Braces {used in mathematics}
12. THE END.

PURPOSE: To familiarize the student with common symbols which appear in print.

1. ooooooooooooooooooooooooooooooooooooooooooooooooooooooooooooo 1.
2. oooo o o o o o o o o o o o o o 2.
3. o o o o o o o o o o o 3.
4. +----- 4.
5. +----- 5.
6. +----- 6.
7. A===O====E===H====R===I===W====B====K====C==== 7.
8. D===F====M===P====J===T===U====G====L====N==== 8.
9. THE END. 9.

PURPOSE: Practice tracking across the line and centering the letter properly on the tactile array.